

BIRD FOOD

by Chef Julia Rissberger

INGREDIENTS

½ cup peanut butter

½ cup assorted dried fruit

2 tablespoons powdered milk

2 tablespoons sunflower seeds

2 tablespoons oats

1 tablespoon wheat germ or wheat bran

PREPARATION

Mix all ingredients together.

Roll into 1' balls.

Coat in sesame seeds, sunflower seeds, or cocoa powder.