



LIST OF RESOURCES/AGENCIES BY COUNTY

For help getting connecting to resources in your area, dial 2-1-1 or visit www.211.org

NEW YORK

Broome County

- ACCORD, A Center for Dispute Resolution
 - www.accordny.com
 - 607-724-5153
- Action for Older Persons
 - actionforolderpersons.org
 - 607-722-1251
- American Civic Association
 - www.americancivic.com
 - 607-723-9419
- American Red Cross, Southern Tier Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/southern-tier
 - 607-785-7207
- Bear Necessities Food Pantry (Binghamton University)
 - www.binghamton.edu/case-management/support/pantry.html
 - 607-777-2804
- Binghamton Regional Sustainability Coalition
 - binghamtonsustainability.wordpress.com
 - 607-873-9220
- Binghamton Rescue Mission
 - www.rescuemissionalliance.org/binghamton-region
 - 607-201-1030
- Boys & Girls Club of Binghamton
 - www.bgcbinghamton.org
 - 607-723-7404
- Boys & Girls Club of Western Broome
 - www.bgcwb.org
 - 607-754-0225
- Broome County Urban League
 - www.bcul.org
 - 607-723-7303
- Broome County Council of Churches
 - broomecouncil.net
 - 607-724-9130
- Broome County Promise Zone
 - www.bcpromisezone.org

- 607-777-9282
- Broome Tioga NAACP
 - broome-tioganaacp.org
 - 607-752-3813
- Broome-Tioga Workforce New York
 - www.broometiogaworks.com/
 - Binghamton: 607-778-2136
 - Owego: 607-687-8500
- Catholic Charities Diocese of Syracuse, Broome County
 - www.ccsyrdio.org
 - 315-470-1415
- CHOW®/Community Hunger Outreach Warehouse; Broome County Council of Churches
 - www.broomecouncil.net/chow
 - 607-724-9130
- Cornell Cooperative Extension of Broome County
 - cce.cornell.edu
 - 607-772-8953
- Community Foundation for South Central New York
 - www.donorswhocare.org
 - 607-772-6773
- Crime Victims Assistance Center
 - www.cvac.us
 - 24/7 Crisis Line: 607-722-4256
- Fairview Recovery Services
 - www.frsinc.co
 - 607-722-8987
- The Family & Children's Society
 - familycs.org
 - 607-729-6206
- Family Enrichment Network of Greater Binghamton
 - www.familyenrichment.org
 - 607-723-8313
- Family Planning of South Central New York
 - fpscopy.org
 - 607-723-8306
- Food and Health Network of South Central New York
 - www.foodandhealthnetwork.org
 - 607-692-7669
- Food Bank of the Southern Tier
 - www.foodbankst.org
 - 607-796-6061
- Food for Thought Pantry (SUNY Broome)
 - 907 Front St, Binghamton, NY
 - Science Building Room 107A
- HCA, Helping Celebrate Abilities
 - www.hcaserves.com
 - 607-798-7117
- The Impact Project

- www.theimpactprojectgreene.org
 - 607-656-9499
- Independence Awareness, Inc.
 - <http://www.independenceawareness.com/>
- Jewish Community Center of Binghamton
 - www.binghamtonjcc.org
 - 607-724-2417
- Lee Barta Community Center
 - www.uwbroome.org/hlc
 - 607-238-1005
- Literacy Volunteers of Broome-Tioga
 - broometiogaliteracy.org
 - 607-778-6406
- MHAAT, Mental Health Association of the Southern Tier
 - <http://www.yourmha.com/>
 - 607-771-8888
- Mothers & Babies Perinatal Network
 - www.mothersandbabies.org
 - 607-772-0517
- Rise
 - rise-ny.org
 - 607-748-5174
- Rural Health Network of South Central New York
 - www.rhnsncy.org
 - 607-692-7669
- The Salvation Army
 - empire.salvationarmy.org
 - 607-722-2987
- Southern Tier Second Chance Housing
 - www.facebook.com/SouthernTierSCH
- United Way of Broome County
 - www.uwbroome.org
 - 607-240-2000
 - For Help: www.helpme211.org OR Dial 2-1-1
- VINES: Volunteers Improving Neighborhood Environments
 - www.vinesgardens.org
 - 607-205-8108
- Wilson Children's Center
 - www.wilsonchildrenscenter.com
 - 607-467-KIDS
- YMCA of Broome County
 - ymcabroome.org/
 - 607-772-0560
- YWCA Binghamton
 - www.ywcabinghamton.org/
 - 607-772-0340

Chemung County

- American Red Cross Finger Lakes Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/finger-lakes
 - 607-936-3766
- Arbor Housing and Development
 - www.arbordevelopment.org/
 - 607-654-7487
- CASA of the Southern Tier
 - www.casasoutherntier.org
 - 607-936-2272
- Catholic Charities of Chemung & Schuyler Counties
 - www.cs-cc.org/
 - 607-734-9784
- Chemung County Youth Bureau
 - www.chemungyouth.com
 - 607-737-2907
- Chemung-Schuyler-Steuben Workforce New York
 - www.csswfnny.com
 - 607-238-5730
- Cornell Cooperative Extension of Chemung County
 - chemung.cce.cornell.edu
 - 607-734-4453
- Economic Opportunity Program, Inc.
 - www.cseop.org
 - 607-734-6174
- Family Reading Partnership Chemung Valley
 - michelle-halperin.squarespace.com
 - 607-329-5675
- Family Services of Chemung County
 - www.familyservicesofchemung.com
 - 607-733-5696
- Food Bank of the Southern Tier
 - www.foodbankst.org
 - 607-796-6061
- Meals on Wheels Chemung County
 - www.mealsonwheelschemung.org
 - 607-734-9535
- Mothers helping Mothers
 - mothershelpingmothersofelmira@yahoo.com
 - 607-259-1842
- Southside Community Center
 - sccelmira.org
 - 607-734-9245
- United Way of the Southern Tier
 - www.uwst.org
 - 607-936-3753
- YWCA of Elmira & the Twin Tiers
 - <https://www.ywcaelmira.org/>

- 607-733-5575

Chenango County

- American Red Cross, Southern Tier Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/southern-tier
 - 607-785-7207
- Catholic Charities of Syracuse, Chenango County
 - www.ccofcc.com
 - 607-334-8244
- CDO Workforce
 - www.cdoworkforce.org
- Chenango United Way
 - www.chenangouw.org
 - 607-334-8815
- Crime Victims Assistance Center
 - www.cvac.us
 - 24/7 Crisis Line: 607-722-4256
- Delaware, Chenango, Madison, Otsego (DCMO) BOCES
 - www.dcmoboces.com
 - 607-335-1200
- Family Planning of South Central New York
 - fpscopy.org
 - 607-723-8306
- The Impact Project
 - www.theimpactprojectgreene.org
 - 607-656-9499
- Opportunities for Chenango, Inc.
 - www.ofcinc.org
 - 607-334-7114
- Victims of Violence
 - <http://www.victimsofviolence.org/>
 - 855-966-9723

Delaware County

- CDO Workforce
 - www.cdoworkforce.org
- Delaware, Chenango, Madison, Otsego (DCMO) BOCES
 - www.dcmoboces.com
 - 607-335-1200
- Delaware County Office for the Aging
 - www.co.delaware.ny.us/departments/ofa/Transportation.htm
 - 607-832-5750
- Delaware Opportunities
 - delawareopportunities.org
 - 607-746-1600
- Deposit Foundation, Inc.
 - www.depositfoundation.com
 - 607-467-4000

- Family Planning of South Central New York
 - fpscopy.org
 - 607-723-8306
- Friends of Recovery of Delaware and Otsego Counties
 - <http://www.friendsofrecoverydo.org/>
 - 607-267-4435
- United Way of Delaware & Otsego Counties
 - www.unitedwaydo.org/
 - 607-432-8006

Otsego County

- CDO Workforce
 - www.cdoworkforce.org
- Delaware, Chenango, Madison, Otsego (DCMO) BOCES
 - www.dcmoboces.com
 - 607-335-1200
- Family Planning of South Central New York
 - fpscopy.org
 - 607-723-8306
- Friends of Recovery of Delaware and Otsego Counties
 - <http://www.friendsofrecoverydo.org/>
 - 607-267-4435
- Hunger Coalition of Otsego County
 - otsegohunger.com
 - 607-432-7520
- The Impact Project
 - www.theimpactprojectgreene.org
 - 607-656-9499
- Opportunities for Otsego
 - www.ofoinc.org
 - 607-433-8000
- Otsego Rural Housing Assistance
 - otsegoruralhousing.org
 - 607-286-7244

Schuyler County

- American Red Cross Finger Lakes Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/finger-lakes
 - 607-936-3766
- Arbor Housing and Development
 - www.arbordevelopment.org/
 - 607-654-7487
- CASA of the Southern Tier
 - www.casasoutherntier.org
 - 607-936-2272
- Catholic Charities of Chemung & Schuyler Counties
 - www.cs-cc.org/
 - 607-734-9784

- Chemung-Schuyler-Steuben Workforce New York
 - www.csswfnny.com
 - 607-238-5730
- Economic Opportunity Program, Inc.
 - www.cseop.org
 - 607-734-6174
- Finger Lakes Addictions Counseling & Referral Agency
 - www.flacra.org
 - 315-462-9466
- Food Bank of the Southern Tier
 - www.foodbankst.org
 - 607-796-6061
- Schuyler County Youth Bureau
 - www.schuylercounty.us/214/Youth-Bureau
 - 607-535-6236
- Schuyler County Transit
 - ec2-52-1-229-176.compute-1.amazonaws.com/schuyler/
 - 607-535-3555
- Schuyler Housing Opportunity Council
 - www.shocny.org
 - 607-228-7319
- Spirit of Schuyler
 - www.spiritofschuyler.org
 - 607-228-7345
- United Way of Schuyler County
 - <http://www.unitedwayofschuylercounty.org/>

Steuben County

- The Addison Youth Center
 - www.addisonyouthcenter.weebly.com
 - 607-359-2116
- American Red Cross Finger Lakes Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/finger-lakes
 - 607-936-3766
- Arbor Housing and Development
 - www.arbordevelopment.org/
 - 607-654-7487
- CASA of the Southern Tier
 - www.casasoutherntier.org
 - 607-936-2272
- Chemung-Schuyler-Steuben Workforce New York
 - www.csswfnny.com
 - 607-238-5730
- Catholic Charities of Steuben
 - www.catholiccharitiessteuben.org
 - 607-776-8085
- Corning Meals on Wheels
 - www.cmowheels.com

- 607-962-7985
- Faith in Action Steuben County
 - <http://www.fiasteuben.org/>
 - 607-324-1138
- Family Service Society
 - www.familyservicesociety.org
 - 607-962-3148
- Food Bank of the Southern Tier
 - www.foodbankst.org
 - 607-796-6061
- Hornell Area Concern for Youth
 - www.concernforyouth.com
 - 607-324-0808
- Southeast Steuben County Library
 - www.ssclibrary.org
 - 607-936-3713
- Steuben County Office of Aging
 - www.steubencony.org/Pages.asp?PGID=31
 - 607-664-2298
- The Impact Project
 - www.theimpactprojectgreene.org
 - 607-656-9499
- The Institute for Human Services
 - www.ihsnet.org
 - 607-776-9467
- ProAction of Steuben and Yates, Inc.
 - www.proactioninc.org
 - 1-800-553-2033
- United Way of the Southern Tier
 - www.uwst.org
 - 607-936-3753

Tioga County

- ACCORD, A Center for Dispute Resolution
 - www.accordny.com
 - 607-724-5153
- American Red Cross, Southern Tier Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/southern-tier
 - 607-785-7207
- A New Hope Center
 - <http://www.anewhopecenter.org/>
 - 607-687-6866
- Boys and Girls Club of Tioga County
 - www.tiogabgca.org
 - 607-687-0690
- Broome Tioga NAACP
 - broome-tioganaacp.org
 - 607-752-3813

- Broome-Tioga Workforce New York
 - www.broometiogaworks.com/
 - Binghamton: 607-778-2136
 - Owego: 607-687-8500
- Catholic Charities Tompkins Tioga
 - www.catholiccharitiestt.org
 - 607-272-5062
- Community Care Network of Nichols
 - www.ccnnichols.org
- The Family & Children's Society
 - familycs.org
 - 607-729-6206
- Food Bank of the Southern Tier
 - www.foodbankst.org
 - 607-796-6061
- The Impact Project
 - www.theimpactprojectgreene.org
 - 607-656-9499
- Literacy Volunteers of Broome-Tioga
 - broometiogaliteracy.org
 - 607-778-6406
- Tioga County Rural Ministry
 - tcrm.org/
 - 607-687-3021
- Tioga Opportunities, Inc.
 - www.tiogaopp.org
 - 866-352-3680
- Tioga United Way, Inc.
 - www.tiogaunitedway.com/
 - 607-687-4028

Tompkins County

- Advocacy Center
 - www.theadvocacycenter.org
 - 607-277-5000
- Alcohol & Drug Council of Tompkins County
 - www.alcoholdrugcouncil.org
 - 607-274-6288
- American Red Cross, Southern Tier Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/southern-tier
 - 607-785-7207
- Anabel's Grocery (Cornell University)
 - www.anabelsgrocery.org
 - Anabel Taylor Hall, 548 College Ave, Ithaca, NY 14853
- Be the One Campaign
 - www.betheone.collaborativesolutionsnetwork.org
- Catholic Charities Tompkins Tioga
 - www.catholiccharitiestt.org

- 607-272-5062
- Challenge Workforce Solutions
 - www.challengeworkforcesolutions.com/cws/
 - 607-272-8990
- CUMEP - Community Unity Music Education Program
 - communityunity.cfsites.org
 - 607-227-5882
- Family & Children's Service of Ithaca
 - www.fcsith.org
 - 607-273-7494
- Food Bank of the Southern Tier
 - www.foodbankst.org
 - 607-796-6061
- Foodnet Meals on Wheels
 - foodnet.org
 - 607-266-9553
- Gadabout Transportation
 - gadaboutbus.org
 - 607-273-1878
- Greater Ithaca Activities Center (Ithaca, NY)
 - www.cityofithaca.org/327/Greater-Ithaca-Activities-Center
 - 607-272-3622
- Groton Public Library
 - www.grotonpubliclibrary.net
 - 607-898-5055
- Ithaca Health Alliance
 - ithacahealth.org
 - 607-330-1254
- Ithaca Neighborhood Housing
 - www.ithacanhhs.org
 - 607-277-4500
- Second Wind Cottages
 - www.secondwindcottages.org
 - 607-564-6087
- Southside Community Center
 - <https://sspride.org/>
 - 607-273-4190
- Tompkins Community Action
 - www.tcactionweb.org/joomla/
 - 607-273-8816
- Tompkins Cortland Community College Food Pantry
 - 170 North St, Dryden, NY
 - Main Building - Room 114
- Tompkins County FISH: Friends in Service Helping
 - www.fishoftc.org
 - 1-877-211-8667
- Tompkins County Workers' Center
 - www.tcworkerscenter.org

- 607-269-0409
- United Way of Tompkins County
 - www.uwtc.org
 - 607-272-6286

Yates County

- American Red Cross Finger Lakes Chapter
 - www.redcross.org/local/new-york/western-central-new-york/chapters/finger-lakes
 - 607-936-3766
- Finger Lakes Addictions Counseling & Referral Agency
 - www.flacra.org
 - 315-462-9466
- ProAction of Steuben and Yates, Inc.
 - www.proactioninc.org
 - 1-800-553-2033
- Child & Family Resources
 - cfr.clubexpress.com/content.aspx?sl=946721142
 - 315-536-1134

PENNSYLVANIA

Bradford County

- Area Agency on Aging
 - www.bsstaaa.org
 - 1-800-982-4346
- Bradford County Action
 - www.bradfordcountyaction.org
 - 570-265-4434
- Bradford Wyoming Literacy Program
 - www.bwcliteracyprogram.com
 - 570-297-3375
- The Children's House
 - chcac.org
 - 570-265-4132
- Futures Community Support Services
 - www.futurescommunitysupport.com
 - 570-265-3800
- Martha Lloyd Community Services
 - marthalloyd.org
 - 570-297-2185
- Penn York Opportunities
 - pennyorkopportunities.org
 - 570-888-5891
- United Way of Bradford County
 - www.unitedwaybradfordcounty.org
 - 570-247-5569

Susquehanna County

- Area Agency on Aging

- www.bsstaaa.org
- 1-800-982-4346
- United Way of Susquehanna County
 - unitedwayofsusquehannacounty.org
 - 570-465-3868

Tioga County

- Area Agency on Aging
 - www.bsstaaa.org
 - 1-800-982-4346
- First Step to Nutrition
 - www.firststeptonutrition.com
 - 1-800-659-5312
- Harbor Counseling
 - www.harbor-counseling.org
 - 570-724-5272
- Haven of Tioga County
 - www.havenoftiogacounty.org
 - 1-800-550-0447
- Partnership for Community Health
 - tiogapartnership.org
 - 570-723-0520
- Wellsboro Food Pantry
 - <http://www.wellsborofoodpantry.org/>
 - 570-998-4018
- Tioga County Department of Human Services - Community Services (Wellsboro,PA)
 - www.tiogacountypa.us/humans_services/Community_Services/Pages/CommunityServices.aspx
 - 570-724-5766

Wayne County

- United Way of Lackawanna & Wayne Counties
 - www.uwlc.net
 - 570-343-1267

MISC. RESOURCES

- 2020 United States Census
 - www.census.gov/2020census
- Adverse Childhood Experiences (ACE) Study
 - www.cdc.gov/violenceprevention/childabuseandneglect/acestudy
- Alternatives to Violence Project USA
 - www.avpusa.org
 - 888-278-7820
- Cornell Cooperative Extension
 - www.cce.cornell.edu
- Head Start Center Locator
 - www.eclkc.ohs.acf.hhs.gov/center-locator
- KPJR Films
 - www.kpjrfilms.co

- New York State Annual Poverty Report, New York State Community Action Association
 - www.nyscommunityaction.org/poverty-in-new-york/povertydata
- Poor People's Campaign
 - www.poorpeoplescampaign.org
 - Text MORAL to 90975