



WSKG-DT4

Dec 2019

expanded listings

1 Sunday

8pm Nature

A Squirrel's Guide to Success

The squirrel family - from tiny chipmunks to big prairie dogs - is one of the most widespread on Earth. There are almost 300 species of squirrels that can glide through the air, outwit rattlesnakes, and survive the coldest temperatures of any mammal. What is the secret to their success? Uncover the extraordinary abilities of these cheeky nut lovers as a filmmaker puts their problem-solving to the test on a specially designed obstacle course.

9:30pm Rick Steves Fascism In Europe

In this one-hour special, Rick Steves travels back a century to learn how fascism rose and then fell in Europe - taking millions of people with it. He traces fascism's history from its roots in the turbulent aftermath of World War I, when masses of angry people rose up, to the rise of charismatic leaders who manipulated that anger, and the totalitarian societies they built. In addition, Rick chronicles the brutal measures the leaders used to enforce their ideologies, and discusses the horrific consequences of genocide and total war. And yet despite all

this, inspiration can be found by those who resisted. Along the way, Rick visits poignant sights throughout Europe relating to fascism, and talks with Europeans whose families lived through those times. The goal of the RICK STEVES SPECIAL: THE STORY OF FASCISM IN EUROPE is to learn from the hard lessons of 20th-century Europe, and to recognize that ideology in the 21st century.

11pm And Now We Rise: A Portrait of Samuel Johns

AND NOW WE RISE is a portrait of Samuel Johns, a young Athabaskan hip hop artist, founder of the Forget Me Not Facebook Group for displaced people in Alaska, and activist for a cultural renaissance as he heals from his own legacy of historical trauma.

12am Nature

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2 Monday

9pm Local, USA

Tariq's Cube

Tariq's cube charts the rocky terrain of boyhood in America through the eyes of Tariq, a Muslim American boy figuring out his place in the world through a series of Rubik's cube competitions. We learn Tariq's path to adulthood is full of ups and downs, with success

and tragedy alike firmly challenging him to figure out who he is and what he wants to do. Add to that the backdrop of a country struggling to figure out how to understand its Muslim neighbors.

9:30pm Stories from the Stage

Holiday Horror

Cyndi Freeman becomes one of Santa's elves and uncovers a gruesome reality; Ekhlas Ahmed faces hunger as calamity creates a long Ramadan fast; Matt Dicks gathers his courage at Thanksgiving to stand up to his girlfriend's tough-as-nails dad.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am 3 Steps to Pain-Free Living

Eliminate the root cause of many painful conditions with this easy to follow plan from neuromuscular therapist, yoga instructor and pain specialist Lee Albert, who teaches five simple exercises to correct muscle imbalance.

3 Tuesday

8pm America ReFramed

Circle Up

CIRCLE UP is the story of a grieving mother, the men who murdered her son, and the unexpected relationships they create to prevent more violence. Janet Connors' son Joel was murdered in Boston by four young men. Three of the men make a plea agreement but the main perpetrator walks free on "reasonable doubt." Janet realized she needed to make her own justice. But instead of exacting vengeance, Janet becomes the first person in Massachusetts to hold a Victim-Offender Dialogue through the corrections system and develops a deep relationship with one of her son's murderers. Janet enrolls in restorative justice training

and with other survivor moms begins working in schools, prisons, and social service agencies to help people heal from trauma, resolve conflict, prevent violence, and build community.

9:30pm Beth Ames Swartz / Reminders of Invisible Light

Beth Ames Swartz / Reminders of Invisible Light focuses on a woman artist's resolve to choose love and creativity over fear and pain. Through her visual interpretations of historic and revered wisdom systems of knowledge, Beth Ames Swartz invites us to honor the sacredness of all life. Swartz hopes that by visually showing the interconnectedness of one belief system to another, each of us may experience a common compassion. This story of healing, courage and love encourages viewers to reflect upon their own sense of purpose, spiritual values and our innate ability for continual transformation.

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4 Wednesday

8:30pm 3 Steps to Incredible Health! with Joel Fuhrman, M.D.

Hear from Dr. Fuhrman about the crisis of obesity and chronic disease plaguing America. Get his revolutionary health plan - which is not about will power but about knowledge and a healthy, effective, and scientifically proven plan for shedding weight quickly and reclaiming the vitality and good health.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Ken Burns: Country Music

Join host Kathy Mattea to learn more about the making of the epic documentary series devoted to the history of this truly American art form. Features interviews with Rosanne Cash, along with Ken Burns and other members of the filmmaking team.

5 Thursday

9pm Aging Backwards 3 with Miranda Esmonde-White

Did you know that you actually have a choice in how you age, and whether you remain mobile, healthy and pain-free throughout your life? In the pledge special AGING BACKWARDS 3, former ballerina Miranda Esmonde-White uses groundbreaking science to develop a practical six-point plan anyone can use to keep their minds sharp and their bodies active using gentle

daily movement.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Brain Fitness Program

Discover the inner workings of the brain and how we can harness the power of its neuroplasticity to make positive changes in our lives, using breakthrough research showing the incredible benefits of brain training with regards to dementia.

6 Friday

9:30pm Stories from the Stage
Holiday Horror

Cyndi Freeman becomes one of Santa's elves and uncovers a gruesome reality; Ekhlas Ahmed faces hunger as calamity creates a long Ramadan fast; Matt Dicks gathers his courage at Thanksgiving to stand up to his girlfriend's tough-as-nails dad.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Reconstruction: America After The Civil War

Experience the aftermath of the Civil War - a bewildering, exhilarating and terrifying time. For African Americans, despite their hard-won freedom, support for their social, economic and political gains did not last.

7 Saturday

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12am Reconstruction: America After The Civil War

Explore the rise of Jim Crow and the undermining of Reconstruction's legal and political legacy, and see how African Americans fought back using artistic expression to put forward a "New Negro" for a new century.

8 Sunday

8:30pm Nature

Equus: Story of the Horse: Chasing

The Wind

The relationship between man and his noble steed is almost as old as civilization itself. Ever since the mysterious beginning of our extraordinary partnership, horses helped shape the human world. At the speed of a horse, our ancestors conquered distances and built empires. Together, humans and horses flourished side by side. What makes us so perfect for each other?

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9 Monday

8pm Chaplains

Part 2

CHAPLAINS continues with a profile of the chaplains team traveling with NASCAR, the tradition of chaplains who serve in the US Senate and House of Representatives, a Rabbi- chaplain working in a Hollywood retirement home, and the newest Muslim chaplain who joined the Detroit Police Department.

9pm Local, USA

Secret Lives of Muslims

American Muslims are a diverse group of individuals with fascinating careers, unexpected talents and inspiring accomplishments but nearly two decades after the Sept. 11 attacks, American Muslims still face an uphill battle among their fellow citizens. The current political climate has led to a saturation of negative images that have made Muslims the target of suspicion and hostility. Emmy Award winning director, Joshua Seftel uses humor and empathy to subvert stereotypes and reveal the truth about Muslims in America with first-person profiles of Muslim Americans across entertainment, sports, politics and more.

9:30pm Stories from the Stage

Holidays: Cheers, Tears and Fears

It takes a lot of emotions to make a holiday - and not just the happy, life-affirming ones. Tonight's tellers show how to roll with the seasonal punches and come up positive. Joe Charnitski tries to break a nightmare-before-Christmas bad luck streak. Jamie Brickhouse connects with his polar opposite older brother through an amazing, unexpected gift. And Cora Waring learns a lesson about courage through an unlikely teacher: golden sneakers. Hosted by Wes Hazard.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Chaplains

Part 1

CHAPLAINS explores the dynamic world of men and women who work on the front lines of faith - representing their own particular faith or religious tradition, but are trained to be of comfort and support

to everyone - religious or not. It is a profession dating back to the fourth century yet is as contemporary as any today. Episode # 1 profiles Chaplain Paul Hurley, a Catholic priest and Senior Chaplain in Afghanistan, Tyson Foods, the poultry company with more than 100 chaplains on staff, and a Buddhist woman chaplain working in a men's maximum security prison.

10 Tuesday

8pm America ReFramed

Nailed It

Visit any strip mall in the United States, and there's bound to be a Vietnamese nail salon. While ubiquitous in cities across the country, few Americans know the history behind the salons and the 20 Vietnamese refugee women, who in 1975, sparked a multibillion dollar industry that supports their community to this day. NAILED it captures an unforgettable and often hilarious saga born of tragedy, charting the rise, struggle, stereotypes, and steady hold Vietnamese Americans have on today's multiethnic \$8 billion dollar nail economy.

9:05pm Nothing Left to Lose

Nothing Left to Lose is a documentary which tells the story of approximately 100 Vietnamese refugees who have each lived in hiding for 25 years hoping to one day reclaim the dignity of being recognized as a person. While the Vietnam War slowly fades away in our collective memory, there remains a group of Vietnamese in Thailand who are still searching for a new place to call home. These refugees escaped Vietnam after the end of the war, but were rejected by all countries in which they

sought asylum. When all refugee camps in Southeast Asia were closed, the stateless refugees chose to stay in Thailand illegally, holding onto the hope of finding a new home. Over the last 25 years, the stateless Vietnamese have lingered in the shadows of Thai society dodging authorities with one hope in mind: to find a country that would accept them as its citizens.

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11 Wednesday

9pm Frontline

The Pension Gamble

How state governments and Wall Street led America's public pensions into a \$4-trillion hole. Correspondent Martin Smith investigates the consequences for teachers, police, firefighters, and other public servants and who will be held accountable?

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Beth Ames Swartz /

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12:30am Independent Lens

The Witness

In 1964, Kitty Genovese was repeatedly stabbed on a street in Queens, New York. Soon after, the media asserted that 38 neighbors watched but did nothing to help. Follow the efforts of Kitty's brother as he re-examines his sister's life and death.

12 Thursday

8pm Supernature - Wild Flyers

Defying Gravity

Explore the basic principles of flight to see how animals become airborne in the first place. From leapers to gliders and those that effortlessly fly for hours, each creature has special techniques. But all must overcome a powerful force - gravity.

9pm Impossible Builds

The Scorpion Tower

Follow the construction of one of the most complex skyscrapers ever to make it off the drawing board. Its design is so radical that construction experts have turned to a building material never before

used in skyscrapers.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Nova

Bigger Than T.rex

Almost a century ago, paleontologists found the first tantalizing hints of a monster even bigger than Tyrannosaurus Rex, perhaps the largest predator ever to walk the Earth: spectacular fossil bones from a dinosaur dubbed Spinosaurus. But the fossils were completely destroyed during a World War II Allied bombing raid, leaving only drawings, lots of questions, and a mystery: What was Spinosaurus? Now, the discovery of new bones in a Moroccan cliff face is reopening the investigation into this epic beast. What did it feed on and how? Why did it grow so big? We follow the paleontologists who are reconstructing this terrifying carnivore piece by piece, revealing a 53-foot-long behemoth with a huge dorsal sail, enormous, scimitar-like claws, and massive superjaws, tapered toward the front like a crocodile, hosting an army of teeth. It is a painstaking puzzle, and it is missing many of its pieces. NOVA follows researchers on the hunt for more fossils, tracing ancient history along with the very modern drama of how the bones of the Spinosaurus were discovered, seized, bombed, stolen and smuggled across international borders. Bringing together experts in paleontology, geology, climatology and paleobotany, this NOVA/National Geographic special brings to life the lost world over which Spinosaurus reigned more than 65 million years ago.

13 Friday

8:30pm Same God

A few years ago Dr. Larycia Hawkins, a black female professor at a prominent Christian college, wore a hijab in solidarity with Muslim women and said that Christians and Muslims worship the "same God." The global firestorm that followed exposed the rifts among evangelicals over race, Islam, religious and academic freedom...and Donald Trump.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Independent Lens

The Judge

Take a rare glimpse into Shari'a law (Islamic law), an often misunderstood legal framework for Muslims, told through the eyes of the first woman judge to be appointed to the Middle East's religious courts.

14 Saturday

8pm Into The Night: Portraits of Life and Death

Learn how an astrophysicist, preacher, philosopher and artisanal mortician grapple with universal questions of mortality. Weaving science, cryonics, near-death stories and green burials, this film invites us to rethink our place in the universe.

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15 Sunday

8pm Nature

Raising The Dinosaur Giant

Witness the work of paleontologists

bringing the largest dinosaur ever discovered to virtual life. Sir David Attenborough guides us through the remarkable process, connecting the dots with living examples, other dinosaur discoveries and CGI visuals.

9pm Reel South

Gimme A Faith

Thousands of Chinese students arrive in the United States each year, often confronting loneliness and culture-clash upon arrival. Arriving in North Carolina to study filmmaking, Hao Zhang is surprised to find a unique community of Chinese students, connected by a newly discovered evangelical Christianity that is often at stark odds with their communist roots in China.

10pm Doc World

Armed with Faith

In the Khyber-Pakhtunkhwa province of northwest Pakistan, the KPK Bomb Disposal Unit is single handedly trying to stop the region from falling into the hands of terrorists from Afghanistan and surrounding tribal lands. With little special equipment, working with "faith and passion alone," the men of this unit defuse a majority of terrorist-planted bombs in the country. *Armed with Faith* follows three men of the K.P.K. unit who put their lives at risk for the people of their country. The film follows two bomb technicians and their commander as they defend their homeland. Abdur Rahim struggles to support his family with the low wages he receives. Inayatullah "Tiger" Khan never stops working, even after a nearly-fatal diffusion goes wrong. Their commander, Shafqat Malik, spends each day making life-or-death decisions. With

families at home to support, the men must decide: Is the job worth the risk?

11:30pm Local, USA

Secret Lives of Muslims

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16 Monday

8pm Gandhi's Awakening & Gandhi's Gift

Gandhi's Gift

Gandhi's Gift documents Gandhi at the end of his life, on the brink of attaining his lifelong goal of freedom from the British but with his heart breaking by the partition of India and terrible communal violence that is killing an estimated million or more. Having led masses in nonviolent marches, Gandhi now walks alone for unity and peace.

9pm Labyrinth Journeys

In an age when consumers are clamoring for the latest smartphones, tablets and apps, many people are turning to a 4,000-year-old symbol and structure to find comfort and meaning in their lives: the labyrinth. "Labyrinth Journeys" presents the stories of adults, teenagers and children who use seven Washington, D.C. area labyrinths as tools for healing, rehabilitation, meditation, stress reduction, spiritual awareness and playful exploration. A breast cancer survivor, an Iraq War veteran, an individual facing unemployment, a mother caring for her ill son, an office worker seeking a peaceful oasis during the work day, and two high school students dealing with the stresses of school are among the individuals who share their experience of walking the labyrinth.

9:30pm Stories from the Stage

Holidays happen every year, but sometimes the true gift is in the element of surprise. Take a break from the shopping, cooking and cleaning to watch people tell their personal stories about life's special moments, including the holidays we celebrate all through the year.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Gandhi's Awakening & Gandhi's Gift

Gandhi's Awakening

Gandhi's Awakening documents Mohandas Karamchand Gandhi in his young, transformative years in South Africa before he became known as Mahatma (Great Soul) and Father of the Indian nation. In South Africa he faces prejudice and hatred as an Indian immigrant,

undergoes a spiritual epiphany of purpose and creates a revolutionary nonviolent method to fight injustice and oppression that will later be adopted by millions around the globe.

17 Tuesday

8pm Saving Brinton: America Reframed

History teacher Mike Zahs uncovers a trove of 19th century showreels of one of America's first motion picture impresarios, William Franklin Brinton. Zahs sets out to restore these showreels and present them to today's audiences. In this portrait of an unlikely Midwestern folk hero, **SAVING BRINTON** offers a meditation on the legacy of illusionist Frank Brinton, and the magic of living history.

9pm Independent Lens

Birth of a Movement

Learn how D.W. Griffith's 1915 *The Birth of a Nation* unleashed a battle still waging today about race relations and representation, and the power and influence of Hollywood. Featuring Spike Lee, Reginald Hudlin, Henry Louis Gates, Jr., and others.

10pm PBS NewsHour

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Brinton, and the magic of living history.

18 Wednesday

8pm Independent Lens

Atlla

Discover the inspiring true story of Alaska Native dogsled champion George Atlla, who, with one good leg and fierce determination, rose to international fame. His racing prowess and ability to identify and train exceptional dogs made him a legend.

9pm Frontline

Weinstein

How the Hollywood mogul allegedly sexually harassed and abused dozens of women over four decades. With allegations going back to Weinstein's early years, the film investigates the elaborate ways he and those around him tried to silence his accusers.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Walking The Camino: Six Ways to Santiago

American fascination with the Camino is exploding. There are more than eight times the number of Americans doing the Camino today as a decade ago. "Walking the Camino" journeys into the hearts and minds of six modern-day pilgrims, ages 3 to 73, as they each face and triumph over their doubts and fears while they attempt to cross an entire country on foot. The documentary was in over 25 film festivals, garnering eight awards and selling out the majority of its screenings.

19 Thursday

8pm Supernature - Wild Flyers

Masters of the Sky

Many animals take to the skies for a split second, but to stay there, the

planet's strongest flyers push the laws of physics to the limit. Explore the extremes of true flight: power, acceleration, top speed, maneuverability and endurance.

9pm Impossible Builds

Europe in the Desert

Can six sand islands, poking out of the Persian Gulf near Dubai, be transformed into the most luxurious holiday destination on earth? One man believes they can and he's risking tens of millions of dollars to prove it.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Nova

Inside Animal Minds: Who's The Smartest?

What would it be like to go inside the mind of an animal? We have all gazed into a creature's eyes and wondered: what is it thinking about? What does it really know? Now, the revolutionary science of animal cognition is revealing hard evidence about how animals understand the world around them, uncovering their remarkable problem-solving abilities and exploring the complexity of their powers of communication and even their emotions. In this mini-series, NOVA explores these breakthroughs through three iconic creatures: dogs, birds and dolphins. We'll travel into the spectacularly nuanced noses of dogs and wolves, and ask whether their reliance on different senses has shaped their evolution. We'll see through the eyes of a starling in flight and test the tool-using skills of the smartest of birds, the crow. We'll listen in as scientists track dolphins in the Caribbean and elephants on the African savannah,

trying to unlock the secrets of animal communication. As we discover how researchers are pushing the animal mind to its limits, we'll uncover surprising similarities to -- and differences from -- the human mind. What makes an animal smart? Many scientists believe the secret lies in relationships. Throughout the animal kingdom, some of the cleverest creatures - including humans - seem to be those who live in complex social groups, like dolphins, elephants and apes. Could the skills required to keep track of friend and foe make animals smarter? To find out, NOVA goes inside the social lives of some of the smartest animals on the planet.

20 Friday

8pm Ornament of the World

Filmed in Cordoba, Granada, Seville and Toledo, this is the story of a remarkable 800-year period when Muslims, Christians and Jews in medieval Spain forged a common cultural identity that often transcended their religious differences.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Let There Be Light

Narrated by John Lisanti, LET THERE BE LIGHT follows the grand masters of stained glass art, artist Rowan LeCompte and craftsman Dieter Goldkuhle, as they create their last great series of windows for Washington National Cathedral. A native of Baltimore, Maryland, Rowan began making stained glass windows at the age of 14 and designed his first window for Washington National Cathedral (the sixth largest cathedral in the

world, with more than 200 stained glass windows), at the age of 16. He spent almost 70 years studying, drawing and creating architectural stained glass and mosaics for a multitude of locations, including: Episcopal Cathedrals in Maryland and Wyoming, the chapels of Trinity College and Princeton University, and the New York State Capitol in Albany. At the age of 81, Rowan was commissioned to produce what would be his last series of windows for the monumental building. The project was initially intended to take one year and be ready for the 2007 centennial celebration of the cathedral's founding. Rowan would design and paint this enormous window while Dieter, his long-time collaborator, would select and cut the glass and do the leading and installation. The documentary chronicles the fascinating creative process but also captures how age begins to take its toll on Rowan. The window falls behind dramatically schedule and the centennial deadline is missed. Artistic differences and the slow pace of work causes a tension to develop between artist and craftsman, and Dieter must eventually leave the project because of other commitments. Six years in the making, LET THERE BE LIGHT is told with stunningly beautiful imagery as it documents Rowan's life-long passion, imagination and creativity in using glass and light. Later, in a surprise reversal, an official Cathedral panel questions installing the new windows at all.

21 Saturday

8pm Three Faiths, One God: Judaism, Christianity, Islam

THREE FAITHS, ONE GOD: JUDAISM, CHRISTIANITY, ISLAM thoughtfully examines the religious beliefs and practices shared by Jews, Christians and Muslims to illustrate how many in the Abrahamic faith communities are dealing with historical conflicts and charts their dedication to facilitating understanding and respect. THREE FAITHS, ONE GOD captures a broad range of voices and ideas of ordinary people and respected scholars in the interfaith field. The program contrasts the religious practices of the three faiths, including the rituals of fasting and marriage. Later, the program features a dramatic and moving example of reconciliation as the father of murdered Wall Street Journal reporter opens a dialogue between Muslims and Jews to create better understanding between the two faiths. In the same spirit, a conflict-resolution workshop engages in an intensive dialogue as they attempt to dispel myths, misconceptions and stereotypes about each others' religion.

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Judaism, Christianity, Islam

THREE FAITHS, ONE GOD: JUDAISM, CHRISTIANITY, ISLAM thoughtfully examines the religious beliefs and practices shared by Jews, Christians and Muslims to illustrate how many in the Abrahamic faith communities are

dealing with historical conflicts and charts their dedication to facilitating understanding and respect. **THREE FAITHS, ONE GOD** captures a broad range of voices and ideas of ordinary people and respected scholars in the interfaith field. The program contrasts the religious practices of the three faiths, including the rituals of fasting and marriage. Later, the program features a dramatic and moving example of reconciliation as the father of murdered Wall Street Journal reporter opens a dialogue between Muslims and Jews to create better understanding between the two faiths. In the same spirit, a conflict-resolution workshop engages in an intensive dialogue as they attempt to dispel myths, misconceptions and stereotypes about each others' religion.

22 Sunday

8pm Nature

Snowbound: Animals of Winter

Travel across the snow globe with wildlife cameraman Gordon Buchanan to meet animal survivors of winter, from the penguins of Antarctica to the Arctic fox and the bison of Yellowstone. Snow looks magical, but it's a harsh reality to these animals.

9pm American Conscience: The Reinhold Niebuhr Story

An American Conscience: The Reinhold Niebuhr Story tells Niebuhr's story through photographs, recordings, and interviews with his former students, his daughter, and eminent public figures including New York Times writer David Brooks, Civil Rights icon Andrew Young, Susannah Heschel and others. It also includes academic experts who discuss his life and influence. The stories and

insights that emerge are critical to preserving and portraying Niebuhr's seminal role in American life.

Perhaps the clearest indication of the scope of his appeal is the popularity of his Serenity Prayer, most prominently used by Alcoholics Anonymous.

10pm Doc World

The Departure

After a youth full of drinking and night clubs, Ittetsu Nemoto was in a near fatal motorcycle accident. Hospitalized for three months, he realized how precious life was and became a Zen Buddhist monk. Now, in a temple nestled between rice fields and forested hills in rural Japan, his life's work is to save people from committing suicide. "What makes life worth living?" he asks. This question fuels his unconventional approach to suicide prevention. Retreats, pilgrimages, meditation, and collaborative art projects help patients realize what they'd be leaving behind. While Nemoto helps others rediscover their will to live, he must also practice what he preaches. His work begins to take a toll on his family and health, and Nemoto must learn to draw the line between his patients and his own life.

11:30pm Labyrinth Journeys

In an age when consumers are clamoring for the latest smartphones, tablets and apps, many people are turning to a 4,000-year-old symbol and structure to find comfort and meaning in their lives: the labyrinth. "Labyrinth Journeys" presents the stories of adults, teenagers and children who use seven Washington, D.C. area labyrinths as tools for healing, rehabilitation, meditation, stress reduction,

spiritual awareness and playful exploration. A breast cancer survivor, an Iraq War veteran, an individual facing unemployment, a mother caring for her ill son, an office worker seeking a peaceful oasis during the work day, and two high school students dealing with the stresses of school are among the individuals who share their experience of walking the labyrinth.

12am Nature

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23 Monday

8pm Trezoros: The Lost Jews of Kastoria

Using never-before-seen pre-war archival footage and first-person testimonies, TREZOROS: THE LOST JEWS OF KASTORIA chronicles the Jewish life and culture of Kastoria, a picturesque lakeside village in the mountains of Northwestern Greece, near the Albania border. Here, Jews and Greek Orthodox Christians lived together in harmony for more than two millennia until World War II, when this long and rich history would be wiped out in the blink of an eye. TREZOROS (the Ladino/Judeo/Spanish term of endearment meaning "treasures") takes us from the joyful innocence of the pre-war years through the heartbreaking struggles of the Holocaust, to a unique place in time and history of a Greek Jewish culture lost forever.

9:30pm Stories from the Stage

Holidays: The Good, The Bad

If there's any truth about holidays, it's that they're a mixed bag. For every perfect moment, there's a disaster - or maybe a few. Tonight's tellers share their stories of holidays good and bad. Melanee Addison tests her adulthood through the ultimate challenge: the Thanksgiving turkey. John Smith-Horn shows that when it comes to being Santa, it's all about the grownups. And Andrea Kamens proves that lighting a menorah may be trickier than you think. Hosted by Wes Hazard.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Mark Twain's Journey to Jerusalem: Dreamland

MARK TWAIN'S JOURNEY TO JERUSALEM: DREAMLAND retraces Mark Twain's footsteps as a cub reporter on a bold adventure sailing around the Mediterranean and throughout Europe in 1867, with Jerusalem and the Holy Land as his ultimate destination. Narrated by Martin Sheen, the documentary reveals Twain's deep rooted and complex relationship with religion. Having regularly attended church services as a child with his devoutly Christian mother, and thoroughly educated on Christianity and the Bible, his childhood imaginings of the Holy Land are confronted with a vastly different reality; the monuments, cities, and landscapes aren't as grand as the Scriptures led him to believe. He also finds himself disillusioned by the poverty and squalor he witnesses beneath the "splendor" of European culture. The film chronicles Mark Twain's exploits on his landmark journey

and establishes Twain as the voice of America - funny, sarcastic, and powerfully opinionated.

24 Tuesday

8pm America ReFramed

There Are Jews Here

There Are Jews Here follows the untold stories of four once thriving American Jewish communities that are now barely holding on. Struggling with aging congregants and dwindling interest, families are moving to larger cities with more robust congregations. An affecting portrait of people who are doing their part to keep the Jewish spirit alive, There Are Jews Here celebrates religious diversity in small-town America.

9:35pm Our American Family: The Mays

The first half of the 1900's represents the last era of American life that, for most families, began largely unchanged from the generations that came before. Courage brought 17-year-old Jacob May to the US from Germany in 1879 in search of a better life. That same courage enabled his family to rescue 200 Jews from Nazi Germany. Moving from poverty to prosperity, the May Hosiery Mill grew through three generations to contribute commerce and compassion within the Nashville community and beyond. Deeply committed to one another, bolstered by good humor, theirs is a story of fearless hope and courage.

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11pm Nightly Business Report

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25 Wednesday

9pm Frontline

Poor Kids

View an intimate portrait of the ongoing economic crisis told through kids growing up in the Midwest. The film revisits three families hit hard by the recession, exploring what poverty means to children and to the country.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Crisis of Faith

Narrated by Grammy-winning singer-songwriter Amy Grant, *CRISIS OF FAITH* examines how slavery and biblical interpretations on its morality divided religious denominations and ultimately, the nation, in the Civil War era. Most Southerners deemed slavery integral to their way of life, and the Bible seemingly reinforced this belief. Christian figures in both the Old Testament and the New Testament never object to, nor do they condemn, the practice. Abolitionists, meanwhile, viewed slavery as an evil inconsistent with values of Christianity. In interviews, prominent religious scholars and historians discuss the evolution of arguments over slavery - from the rhetoric of freedom and equality stoked by the American Revolution; to the divisions of the Methodist,

Baptist and Presbyterian churches into northern and southern factions; to the dividing of the nation and the eruption of Civil War.

12:30am Independent Lens

Supergirl

Meet Naomi, a seemingly ordinary Orthodox Jewish preteen from New Jersey whose extraordinary talent - breaking world powerlifting records - turns her into an international phenomenon in this unique coming-of-age story.

26 Thursday

8pm Supernature - Wild Flyers

Crowded Skies

The sky is a crowded world where mammals, birds and insects hunt, escape, mate, defend territory, sleep and even die on the wing. Survival up there depends not just on beating gravity or mastering flight, but also out-flying the competition.

9pm Impossible Builds

The Floating House

Follow the build to make living beneath the waves into a reality as a team in Dubai attempts to construct a floating house combining the best of land and marine design. Will they achieve the impossible?

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Aurora - Fire in the Sky

Examine legends about the origins and meaning of the aurora, the colorful glow that often brightens the night sky in Earth's polar regions. Investigate the myths of Finland's Saami, Alaska's Inuit, Canada's Native Americans and New Zealand's Maori.

27 Friday

8pm Your Health: A Sacred Matter

YOUR HEALTH: A SACRED MATTER explores how religion, spirituality and health care interrelate. The program weaves together compelling individual stories from doctors, patients, nurses, chaplains and caregivers who speak to the benefits of incorporating a patient's spirituality as part of a whole-patient/whole-person model of care. The two-hour documentary examines how the medical profession is not only looking to the origins of medicine in order to move forward, by re-integrating religiously based tenets into the healing process, but also responding to contemporary research findings that support earlier accepted wisdom. The film's interviewees provide a representative sampling of the leading medical schools, teaching hospitals and research centers across the nation recognized for their work in this field. **YOUR HEALTH: A SACRED MATTER** also follows a variety of people in the field who are learning to integrate the whole-person model of care. In 2016, it won the International Award of Excellence in the category of "Documentary Feature" at the International Film Festival for Spirituality - Religion - Visionary in Jakarta, Indonesia.

10pm PBS NewsHour

11pm Nightly Business Report

11:30pm Dw The Day

12am Lucy Worsley's 12 Days of Tudor Christmas

Join Lucy Worsley on a 12-day extravaganza as she discovers that much of what we enjoy in contemporary Christmas - from carols to turkey, gift-giving to mistletoe and mulled wine - has surprising Tudor origins, rooted in

devotion and charity.

28 Saturday

8pm Buddha

This program explores the life of the Buddha. Two and a half millennia ago, a new religion was born in northern India, generated from the ideas of a single man, the Buddha, a mysterious Indian sage who famously gained enlightenment while he sat under a large, shapely fig tree. The Buddha never claimed to be God or his emissary on earth. He said only that he was a human being who, in a world of unavoidable pain and suffering, had found a kind of serenity that others could find, too.

10pm America ReFramed

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29 Sunday

8pm Nature

Dolphins: Spy in the Pod, Part 1

The camera eyes of 13 ingenious Spy Creatures, including Spy Dolphin, Spy Nautilus and Spy Turtle, capture the dolphins' "superpod" behavior never filmed before. Infiltrate the social world of dolphins from strange gatherings to gang rivalries.

9pm Nature

Dolphins: Spy in the Pod, Part 2

The camera eyes of 13 ingenious Spy Creatures, including Spy Dolphin, Spy Nautilus and Spy Turtle, capture the dolphins' "superpod" behavior never filmed before. Infiltrate the social world of dolphins from strange gatherings to gang rivalries.

10pm Doc World

Elephant Path - Njaia Njoku

11pm Nature

Naledi: One Little Elephant

Born inside a sanctuary in the wilderness of Botswana, Naledi the baby elephant loses her mother and faces the world alone. It is now up to a devoted team of caretakers and researchers to urge Naledi to survive and help find her place in the herd.

12am Nature

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30 Monday

8pm Stories from the Stage

Kitchen Confessions

For some people, cooking is a refuge. For others, it's a nightmare. Theresa Okokon hosts.

8:30pm Stories from the Stage

Mealtime

Food lives at the place where connection, community - and sometimes courage - meet. Amanda gets a glimpse of what her classmates eat on their birthdays and makes sure she gets a bite; Mark earns his wings as an apple pie baker; and Kwasi learns to make his childhood favorite food and connects to his Ghanaian culture. Three storytellers, three interpretations of MEALTIME, hosted by Theresa Okokon.

9pm Stories from the Stage

Sugar & Spice

Food is so central to life that we almost take it for granted. But it also shapes us in ways beyond the gastronomic. Gastor goes above and beyond to satisfy his wife's sweet cravings; Claire travels the world to hunt exotic spices and heal

her broken heart; and Juan conjures a memorable meal...despite challenges. Three storytellers, three interpretations of SUGAR & SPICE, hosted by Theresa Okokon.

9:30pm Stories from the Stage

Food for Thought

Day by day, meal by meal, food becomes a part of who we are. Jo Radner's mother astonishes her family by baking a pie for dinner; Gauri Gupta rises above a low point to discover new opportunities through baking; and after the death of his father, David Filipov goes to Afghanistan where a simple Pop-Tart takes on a whole new meaning. Three storytellers, three interpretations of FOOD FOR THOUGHT, hosted by Theresa Okokon.

10pm PBS NewsHour

11pm Dw The Day

11:30pm BBC World News

12am Stories from the Stage

12:30am Stories from the Stage

Sounds Like Summer

In honor of the season, tales of joy and disaster under the summer sun. Caroline Chapin becomes a Pilgrim at Plimoth Plantation and finds herself more curious about the lives of its tourists than they are about hers; Colin Ryan battles his fear of sharks with scuba diving lessons, learning that every minute you face your fears is one minute you're less afraid; and as a Peace Corps volunteer in Ecuador, Theresa Okokon breaks the rules to go on a wild white water rafting adventure. Three storytellers, three interpretations of SOUNDS LIKE SUMMER, hosted by Theresa Okokon.

31 Tuesday

8pm America ReFramed

The Invisible Patients

Through the story of Jessica Macleod, Ph.D., a dedicated nurse practitioner in Evansville, Indiana, and her four homebound and marginalized patients, THE INVISIBLE PATIENTS sheds light on some of the most urgent healthcare issues facing our nation today: from the living conditions of the elderly poor and end-of-life care, to the soaring costs of hospitalization, complexity of insurance and overprescription of opiates. It challenges us to wrestle with not just healthcare policy, but as importantly, asks how to care for all persons with dignity and respect.

9:30pm Life on the Line

Love for Lexi

Sixteen-year-old Alexis never woke up for school one morning. Weeks earlier she was added to the heart transplant list when doctors diagnosed her with a rare form of heart disease. But Alexis's heart stopped much sooner than doctors anticipated and now her family woke up to a living nightmare. Follow her journey through the eyes of her determined doctors and family who never lose hope in the battle to save her life.

10pm PBS NewsHour

11pm Dw The Day

11:30pm BBC World News

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